



What is Toastmasters?

Since 1924, Toastmasters International has been recognised as the leading organisation dedicated to communication and leadership skill development. Through its worldwide network of clubs, each week, Toastmasters helps people of every ethnicity, education level and profession build their communication skills so they can gain confidence in leading others. Toastmasters International is non-profit and millions of past and present members can testify to its effectiveness.



Benefits of Membership

Communication and leadership skills grow as you practise them. You learn them by attending meetings regularly, accepting speaking and leadership roles, delivering prepared speeches, constructive evaluations and impromptu speeches, and working through the education program. Some of the benefits of membership include the following:

GROW AS A SPEAKER

- Find your confidence
- Convey your message effectively
- Create speech openings that capture interest and attention
- Write memorable conclusions
- Speak without using filler words
- Choose precise and vivid words that carry your message
- Think quickly and clearly on your feet
- Learn to give a speech without notes
- Polish your presentations both in-person and online.

GROW AS A LEADER

- Learn to plan and conduct effective meetings
- Improve listening skills
- Learn to delegate and motivate others
- Give better sales presentations
- Hone team-building and management skills
- Work better with fellow employees
- Effectively develop and present ideas
- Offer and accept constructive criticism more objectively.

What are members saying?

'You can use the public speaking skills you learn in general conversations to keep discussions succinct and well structured no matter what you do, or where you work.'

-Ben McInnes-

'I now have the ability to go up to people I don't know and start up a conversation.'

-Sophie Blair-

'Toastmasters has completely changed my life. I had no confidence, no self-esteem and was a loner. I got help with reading which gave me the confidence to go to university.'

-Lyn Harris-Hogan-

Scan the QR code to see a video of Ben, Sophie & Lyn speaking about their experiences.



Scan the QR code to find out more information about Toastmasters



Since 1924

The Toastmasters' Education Program Pathways

The Toastmasters' education program is designed to help you fine-tune your public speaking, communication, and leadership skills through regular practice. You will learn at your own pace, utilizing a curriculum that has helped millions of people meet their goals. Toastmasters offers members 6 specialized learning paths with more than 300 unique competencies.

Dynamic Leadership

This path helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse conflict.



Engaging Humour

This path is designed to help you build your skills as a humorous and engaging public speaker. The projects on this path focus on understanding your sense of humour and how that sense of humour translates to engaging audience members.



Presentation Mastery

This path helps you build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks.



Motivational Strategies

This path helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills.



Persuasive Influence

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members.



Visionary Communication

This path helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions.



Explore TOASTMASTERS

TOASTMASTERS
INTERNATIONAL

Since
1924